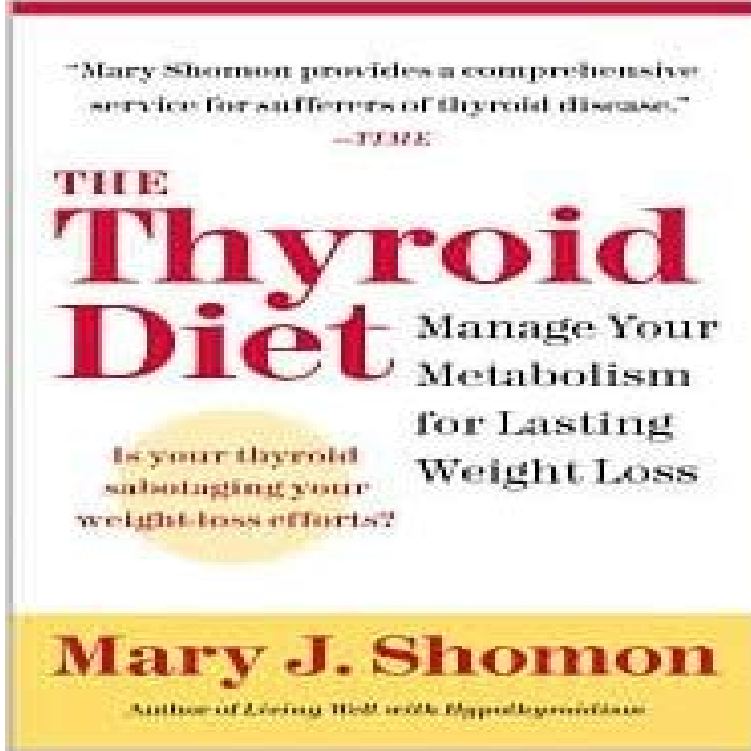


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Fitness - 400 pages . Publisher, Harper Collins, 2009.