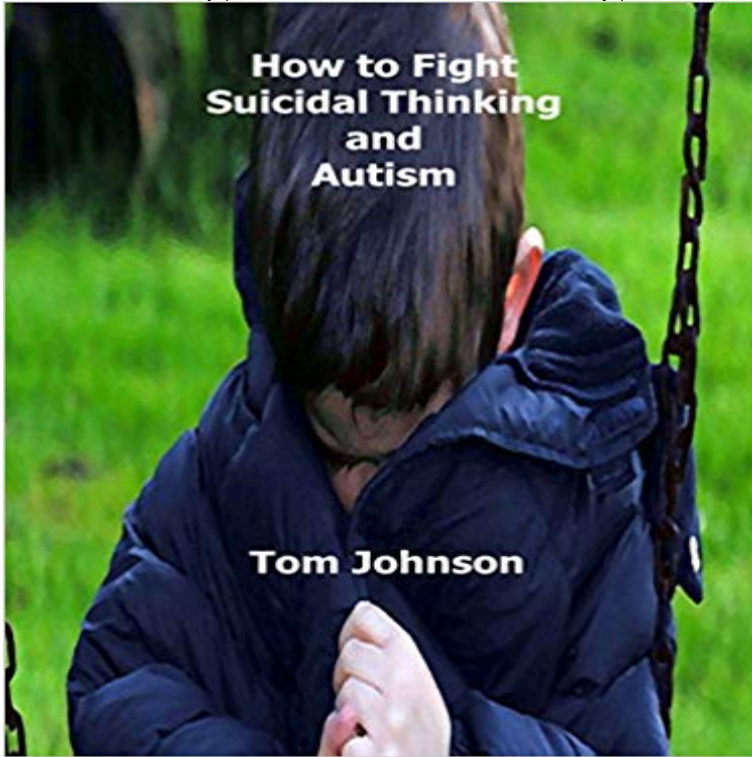


How to Fight Suicidal Thinking and Autism



This book looks at ways parents can be proactive in intervening in their child's education experience to help prevent suicidal thinking and isolation from occurring in autistic adults. It is not surprising that adults with autism are prone to suicidal thinking from social isolation and depression. Tom shares some strategies he uses that parents can use to help ensure their child avoids suicide. It is important to know your child's teachers on a first name basis. Volunteering at school could be one of the most important things you do in your child's life. Tom shares how he was bullied in middle school and high school as he still suffers the emotional and mental scars that lead him to suicidal thinking at times. Tom shares how he was stuffed in trash cans and stuffed inside his own locker. Passing periods were a nightmare for Tom. He did not know how to socialize. He was laughed at and made fun of while no one seemed to notice. Tom was afraid to reach out to his parents and explain what was going on but when Tom came home from school during his freshman year of high school his parents quickly realized what was going on and started intervening immediately. The steps you take to help your child when they are seven years old will determine the level of depression and suicidal thinking that your child has as an adult. Early intervention is important with autism and could mean all of the difference between your child living and dying. Tom says it is important to encourage your kids to get involved in social outings and support groups. It is healthy to be social and he encourages parents not to shelter their child from social interaction or birthday parties because they are afraid of the social rejection and the mistakes their child might make. Social mistakes are learning opportunities. Worried parents might try chaperoning a party or social outing so they can observe and review their child's social interaction with them. This

