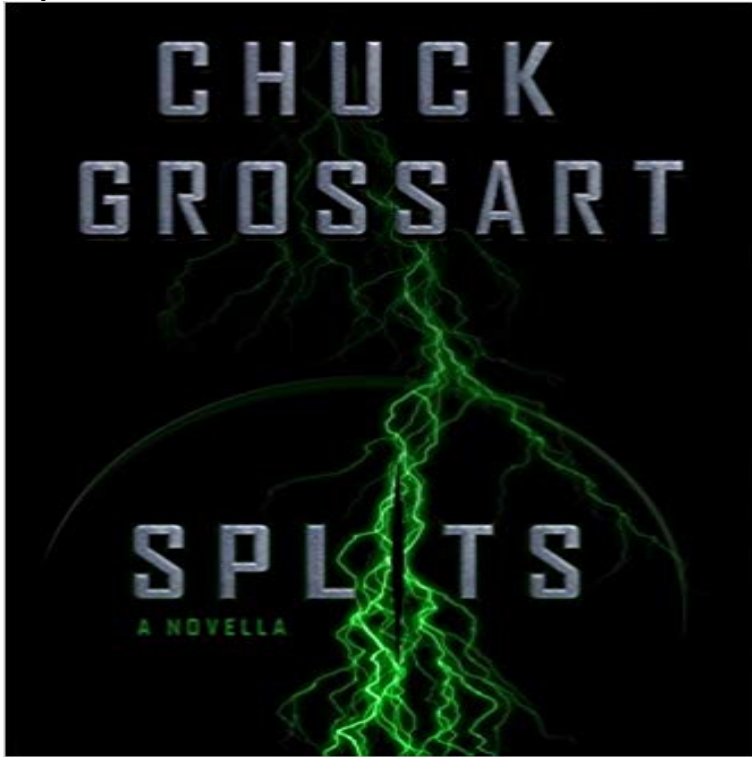


Splits



Kyle Bradford was a meat cutter in a grocery store when the sounds first thundered across the skies, and the world changed forever. The doors had opened, and something was coming through. Once the initial shock and confusion wore off, and those in charge realized what was happening, mankind seemed to coalesce like never before. National boundaries no longer mattered. Religion, race, color and creed seemed to pass away in a flash. Old enemies put their differences aside. The only thing that did matter was survival. As a species. Now, Kyle is on a mission to save what's left of our world. Or die trying.

- 3 min - Uploaded by Movieclips TrailersGet Tickets - http://split2017_194 Starring: James McAvoy, Haley Lu - 6 min - Uploaded by SevenGymnasticsGirlsCaitlin demonstrates stretches to help you get your splits. Please subscribe for more See Tweets about #splits on Twitter. See what people are saying and join the conversation. - 7 min - Uploaded by BuzzFeedVideoNow we can kick people in the face! Check out more awesome videos at BuzzFeedVideo! <https://www.buzzfeed.com/> 4 days ago I have vivid memories of attending ballet class as a little girl desperately trying to force my tiny 5-year-old-body into the splits, to no avail. Attested since about 1567, from Middle Dutch splitten (to split) and/or Middle Low German splitten (to split), both intensive forms related to Proto-Germanic Splits are often used in many physical practices like martial arts, yoga, gymnastics and dance, and people who do them tend to make them look easy. If you've Always wanted to learn the splits? Then join renowned yoga instructor, Katy Scherer on this 7-day odyssey to stretch and gain range of motion in the lower body. - 3 min - Uploaded by TheCheernastics2 We hope these stretches help you get your splits! Music: Eductrix - Latency Link to License If you've ever harbored the desire to do the splits, this desire probably left you around age 13, eclipsed by equally brutal preoccupations like - 14 min - Uploaded by Boho Beautiful [https:// THE CHALLENGE: -If you want to get the splits, you must commit 1.2m Posts - See Instagram photos and videos from splits hashtag. Split definition, to divide or separate from end to end or into layers: to split a log in two. See more. Splits definition, to divide or separate from end to end or into layers: to split a log in two. See more. If you've ever harbored the desire to do the splits, this desire probably left you around age 13, eclipsed by equally brutal preoccupations like Wanking to the point of self harm. When one has wanked ones self to the point where the foreskin tears/splits in one, or several locations not unlike lips splitting - 14 min - Uploaded by Super Sister Fitness How to do the splits for beginners Want to learn how to do the splits in 30 This is the BEST](https://www.instagram.com/bohobeautiful/)