

# The Stranger in the Mirror: Weight Loss Surgery



A touchingly candid and personal account of lifelong obesity and its emotional, social and physical impact. Ellie Salser takes you on a journey that intimately chronicles her life-changing decision to undergo gastric bypass surgery. Sharing her experiences with the world in the hopes of reaching out to those struggling with weight-related issues, the book is a timeline that begins with the realization and acceptance of her weight problem. Revealing a determination and strength of character that carried Ellie through months of exhaustive research, numerous medical consultations and the difficult decision-making process, the book also details the lengthy preparation, psychological and emotional issues, the surgery, the aftermath and both the positive and negative issues she has dealt with in the five (5) years since. It is with great pride that Ellie no longer sees herself as a stranger in the mirror, but a beautiful woman who successfully changed her life.

Weight Loss Surgery: The Stranger in the Mirror by Mrs Ellie Salser at - ISBN 10: 1497511631 - ISBN 13: 9781497511637 - CreateSpaceGo to IMDbPro The Stranger In The Mirror Weight Loss Surgery The stranger in the mirror weight loss surgery pdf download, the stranger in the mirror weightBuy The Complete Guide to Weight Loss Surgery: Your questions finally answered 1 by Lisa Kaouk RD, Back. Weight Loss Surgery: The Stranger in the Mirror. Weight Loss Surgery: The Stranger in the Mirror by Mrs Ellie Salser (2014-05-20) [Mrs Ellie Salser] on . \*FREE\* shipping on qualifying offers. Summary : weight loss surgery the stranger in the mirror firstly this topic is not to talk about the gastric band i had a sleeve surgery 13 months ago its a surgery. The Stranger in the Mirror: Weight Loss Surgery [Ellie Salser] on . \*FREE\* shipping on qualifying offers. A touchingly candid and personal account You can Read Weight Loss Surgery The Stranger In The Mirror or Read Online Weight Loss Surgery The Stranger In The Mirror, Book Weight Loss Surgery The support you need to be successful with weight-loss surgery. If youre considering Weight Loss Surgery: The Stranger in the Mirror Mrs Ellie Salser. A touchingly candid and personal account of lifelong obesity and its emotional, social and physical impact, Ellie Salser takes you on a journey that intimately find helpful customer reviews and review ratings for weight loss surgery the stranger in the mirror at amazoncom read honest and unbiased product reviews from The Stranger in the Mirror: Weight Loss Surgery by Salser, Ellie and a great selection of similar Used, New and Collectible Books available now Weight Loss Surgery: The Stranger in the Mirror - Kindle edition by Ellie Salser. Download it once and read it on your Kindle device, PC, phones or tablets.