

Grow Your Own: From the Garden to the Table (Measurefree Kitchen Companion Trilogy)



Grow Your Own* inspires everyday cooks and kitchen gardeners to take full advantage of their fruits of their labor. There's no tomatoes coming out my ears talk in Jean Johnson's work. She shows readers how to eat seasonally and put food by for the winter--all in a free wheeling context that omits measured, prescriptive recipes. Color photographs from her four season organic garden and scratch kitchen lead the way toward empowered everyday cooking, thrift, health, and joy. We don't need to travel to Tuscany to have a sexy food life, Johnson says in Grow Your Own. All we have to do is get with the program right in our own backyards and kitchens! Leave your measuring cups behind and take back your kitchens?*

This title is the third volume in Jean Johnson's Measurefree Kitchen Companion series. It reflects the new trend in cookbook publishing: it is designed to inspire with a selection of recipes, color photographs, and Jean's unique brand of conversational writing.

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