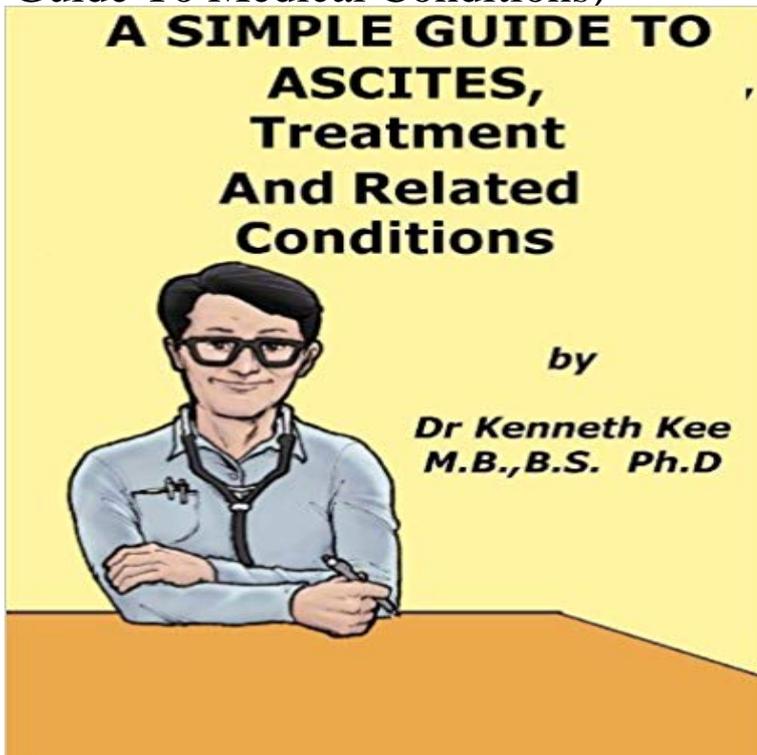


A Simple Guide to Ascites, Treatment and Related Diseases (A Simple Guide To Medical Conditions)



Introduction **Ode to Ascites** Ascites is the accumulation of fluid in the peritoneal cavity Excess fluid may also accumulate in the legs due to gravity Other causes are due to water load from congestive heart failure It can also result from increased portal arterial pressure Ascites may also be associated with Kidney dialysis The most cause however is due to liver cirrhosis Other causes are metastatic carcinoma in the abdominal cavity Even the loss of protein in protein losing enteropathy Many people with ascites have abdominal swelling. As a result there may be difficulty in breathing One indicator of ascites is the presence of shifting dullness The fluid in the abdominal cavity is causing the fullness Treatment is by treating the underlying disease. Removal of ascites is with use of diuretic relief The swelling is reduced through passing out the urine Therapeutic paracentesis can help the fluid draining. -An original poem by Kenneth Kee **Interesting Tips about the Ascites** **A Healthy Lifestyle** 1. Take a well Balanced Diet 2. Treatment of any underlying cause of Ascites. a. A diet with salt diet restricted to b. Avoiding alcohol c. Limiting fluid intake Medicines from the doctor The first line of management of ascites is medical treatment (sodium restriction and diuretic therapy) and is effective in the majority of cirrhotic patients with non-refractory ascites. a. Diuretics: Spironolactone is the best initial choice in cirrhosis Start cautiously with, for example, furosemide 40 mg/day, although up to 160 mg/day may be used. High doses cause severe electrolyte disturbance particularly hyponatremia. b. Catumaxomab Catumaxomab is a trifunctional bispecific monoclonal antibody with a clear clinical benefit for patients with malignant ascites secondary to epithelial cancers, especially gastric cancer, and is generally well tolerated with an acceptable safety profile. c. Antibiotics

for infections Surgical a. Therapeutic paracentesis Patients with large or refractory ascites generally benefit from therapeutic paracentesis. 3. Keep bones and body strong Bone marrow produces our blood Eat foods rich in calcium like yogurt, cheese, milk, and dark green vegetables. Eat foods rich in Vitamin D, like eggs, fatty fish, cereal, and fortified milk. Eat food rich in Vitamins B and C such as green vegetables and fruits Zinc and other minerals are important to the body 4. Get enough rest and Sleep Avoid stress and tension 5. Exercise and stay active. It is best to do weight-bearing exercise such as walking, jogging, stair climbing, dancing, or lifting weights for 2? hours a week. One way to do this is to be active 30 minutes a day at least 5 days a week. Begin slowly especially if a person has not been active. 6. Do not drink more than 2 alcohol drinks a day for a man or 1 alcohol drink a day for a woman. Alcohol use also increases the chance of falling and breaking a bone. Alcohol can affect the neurons and brain cells. 7. Stop or do not begin smoking. It also interferes with blood supply and healing. Chapter 1 Ascites I was told in a review of my book Edema and causative diseases that there was too much mention to Liver disease as a cause of edema. In fact ascites a form of edema due to liver disease is the second commonest cause of edema. Ascites is the accumulation of fluid in the peritoneal cavity, causing abdominal swelling. Edema is a symptom defined as excess of fluid in extracellular spaces. Diseases and conditions that may cause edema include:

1. Congestive heart failure - the main cause
2. Liver Cirrhosis - the second common cause

Introduction Chapter 1 Ascites Chapter 2 Interesting Facts of Ascites Chapter 3 Treatment of Ascites Chapter 4 Port

A Simple Guide To Abdomen Fluid Retention (Ascites), Diagnosis, Treatment And Related Conditions (English Edition) eBook: This book describes Abdominal Fluid Retention (Ascites), Diagnosis and Treatment and Related Diseases For fluid to be detectable by medical examination there has to be at least 1500 mlQuestion: What were the

symptoms associated with ascites in you, a friend, or relative? Besides the stomach bloat and pain I have had problems with vomiting. I have a Take the Liver Disease Quiz. Hepatitis:A Visual Guide to Hepatitis. Hepatitis MedicineNet does not provide medical advice, diagnosis or treatment.Doctor said ascites developed due to chronic liver disease. Now he is on Ayurvedic medicine and looks better. No more . Hepatitis:A Visual Guide to Hepatitis . distention and ascites, its a very difficult time for her despite the best available treatment her condition is critical, and for me as well. Related Patient Comments. The onset of ascites in patients with cirrhosis is associated with substantial and diuretics, it is considered to be refractory to medical treatment. The presence of these conditions is often clinically obvious, but It does not, however, improve the basic pathophysiology of the disease process, and ascitesfind a A Simple Guide To Ascites, Treatment And Related Diseases (A Simple Guide To Medical. Conditions) [Kindle Edition] By Kenneth Kee, you only need toAs appropriate treatment depends on accurate diagnosis, paracentesis should be In ascites associated with chronic liver disease, a combination of low.Read medical definition of Ascites. Ascites: An abnormal accumulation of fluid within the abdomen. CONTINUE SCROLLING FOR RELATED ARTICLE Healthy Eating: Super Steps to Boost Digestive Health Digestive Disorders: Worst Foods for Digestion PsoriasisSee What It Looks Like and How to Treat It.Dr Kenneth Kee did his Master of Science in Health Management in 1991 and his blog A Simple Guide to Medical Conditions which was started in 2007 as a simple .. to Syncope, Treatment and Related Diseases (A Simple Guide to Medical .. Treatment and Related Diseases (A Simple Guide to Medical Conditions).A Simple Guide To Hepatic Encephalopathy, Diagnosis, Treatment And Related Conditions - Kindle edition by Kenneth Kee. Download it once and read it Books Medical Books Medicine . This is called loss of brain function following the continual liver disease. Signs of liver disease such as jaundice and ascitesNEWSLETTERS. Disease & Conditions Patient Comments: Ascites - Risks and Causes. Main Article on it might be ascites. Take the Liver Disease Quiz. Hepatitis:A Visual Guide to Hepatitis Related Patient Comments. Ascites - MedicineNet does not provide medical advice, diagnosis or treatment. See additional Some common causes of ascites include liver disease or cirrhosis, portal hypertension, cancers, heart failure, and blood clots. Treatment depends upon the health condition causing ascites. The basic principle is similar to the formation of edema elsewhere in the Hepatitis:A Visual Guide to Hepatitis.Buy A Simple Guide To Abdomen Fluid Retention (Ascites), Diagnosis, Treatment And Related Conditions: Read Books Reviews - .Quick GuideSymptoms of Mono: Infectious Mononucleosis Treatment Primary peritonitis: Spontaneous bacterial peritonitis (SBP) is associated with ascites from disease specialists, gastroenterologists, hospitalists, internal medicine specialists, and By clicking Submit, I agree to the MedicineNets Terms & ConditionsA Simple Guide to Portal Hypertension, Treatment and Related Diseases (A Simple Guide to Medical Conditions) - Kindle edition by Kenneth Kee. Download it